

CLEANING

checklist

DAILY

- | | |
|---|--|
| ☐ MAKE BEDS | ☐ PICK UP CLUTTER |
| ☐ LOAD DISHWASHER | ☐ SWEEP FLOORS |
| ☐ PICK UP LAUNDRY | ☐ TAKE OUT TRASH |
| ☐ WIPE DOWN COUNTERS | ☐ PUT AWAY TOYS |
| ☐ CLEAN SINK | ☐ SORT MAIL |

WEEKLY

- | | |
|--|---|
| ☐ CHANGE BED SHEETS | ☐ CLEAN OVEN / MICROWAVE |
| ☐ VACUUM CARPETS & RUGS | ☐ WIPE DOWN APPLIANCES |
| ☐ MOP FLOORS | ☐ CLEAN TOILETS |
| ☐ DUST FURNITURE | ☐ CLEAN SHOWERS & BATHTUBS |
| ☐ DEEP CLEAN KITCHEN | ☐ CLEAN MIRRORS |

MONTHLY

- | | |
|--|--|
| ☐ CLEAN FRIDGE | ☐ WASH OUT TRASH CANS |
| ☐ WIPE KITCHEN CABINETS | ☐ WASH PILLOWS & BLANKETS |
| ☐ CLEAN WINDOWS & DOORS | ☐ CLEAN BATHROOM CABINETS |
| ☐ DECLUTTER CABINETS | ☐ WASH BATH RUGS |

YEARLY

- | | |
|---|---|
| ☐ DEEP CLEAN UPHOLSTERY | ☐ WASH WINDOW BLINDS |
| ☐ DEEP CLEAN CARPETS | ☐ EMPTY AND DECLUTTER |
| ☐ CLEAN STORAGE AREAS | ☐ SHELFs |
| ☐ WASH DUVETS & BLANKETS | ☐ CLEAN AIR CONDITIONERS |